

# **News**

Macomb County  
Office of Public Affairs



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## **Macomb County Senior Citizen Services Offers Support Groups**

MOUNT CLEMENS, Mich. – The Macomb County Department of Senior Citizen Services is offering support groups for seniors and their caregivers that deal with a range of topics including grief support, late life divorce, caregiving issues and depression.

Facilitated by licensed counselors, each group meets monthly and is free of charge. New members always are welcome.

### **New Beginnings Grief Support Group**

- For people 55 years old or older who are learning to live with loss.
- This group meets from 10 a.m. to noon on the first Tuesday of each month, at the VerKuilen Building, 21885 Dunham Road, Suite 6, Clinton Township.

### **Late Life Divorce Support Group**

- For people 55 years old or older and have gone through, are going through or are contemplating a divorce.
- This group meets from 1:30 to 3:30 p.m. on the first Wednesday of each month, at the VerKuilen Building, 21885 Dunham Road, Suite 6, Clinton Township.

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**Caregivers Support Group**

- For people caring for a family member with Alzheimer's, dementia-related diseases or other illnesses.
- This group meets from 10 a.m. to noon on the first Wednesday of each month at Knox Presbyterian Church, 25700 Crocker Blvd. (at Metropolitan Parkway), Harrison Township.

**New Horizons-Depression Support Group**

- For those suffering with any kind of depression, this group helps support positive life choices and increase well-being.
- This group meets from 6 to 7:30 p.m. on the second Monday of each month, at Christ Lutheran Church, 32300 Schoenherr Road, a half-mile south of 14 Mile Road, Warren.

For more information, please call Bobbi Knapp at 469-6708.

**About Macomb County**

Macomb County is an enriching community in Southeastern Michigan that has one of the state's fastest rates of growth. Its 834,000 residents make it Michigan's third-largest county, with direct access to Lake St. Clair and Anchor Bay, and a host of cultural and entertainment options. Its highly skilled workforce and investment in new and expanding businesses make it open to enterprise. Active civic leadership translates into balanced budgets and Michigan's second-lowest tax rate. An increasingly diverse population and high quality of life make Macomb County accessible to all.

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